Challah Recipe

Ingredients**:**

¾ cup water

¼ cup oil

¼ cup honey

1 egg and 1 egg separated

1 ½ tsp salt

2 ½ tsp yeast (or 1 packet)

Approximately 3 cups flour

\*Makes two loaves

Directions:

* Heat water, oil and honey until just before it boils.
* Mix 1 ½ cups of flour with yeast and salt.
* Mix liquid into flour mixture.
* Add 1 egg plus yolk from the other, then continue adding flour ½ cup at a time until it becomes doughy, but not sticky.
* Knead dough for about 10 minutes.
* Cover bowl let rise in warm place for about 2 hours.
* Divide dough in half, divide each half into three pieces, roll each piece into a “snake” and braid three snakes to form each Challah. Let rise for another hour
* Then bake at 320 for 20 min.
* Brush with egg-white and bake for another 5 minutes.

A picture containing food, table, sitting, doughnut

Description automatically generated A tray of food on a table

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Shabbat Blessings

Blessing over the candles:

בָּרוּך אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶך הָעוֹלָם אַשֶׁר קִדְשָׁנוּ בְּמִצְוֹתָיו וְצִוָנוּ לְהַדְלִיק נֵר שֶל שַבָּת

Baruch ata Adonai, Eloheinu Melech ha-olam, asher kidshanu b’mitzvotav vitzivanu l’hadlik ner shel Shabbat.

Blessed are You, God, Ruler of the universe, who sanctified us with the commandment of lighting Shabbat candles.

Kiddush – Blessing over the wine/grape juice:

בָּרוּךְ אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הַגָּפֶן

Baruch ata Adonai, Eloheinu melech ha-olam, borei p’ri hagafen.

Blessed are you, God, Ruler of the Universe, who creates the fruit of the vine.

Hamotzi – Blessing over the challah:

בָּרוּך אַתָּה ה׳ אֱלֹהֵינוּ מֶלֶך הָעוֹלָם הָמוֹצִיא לֶחֶם מִן הַאָרֶץ

Baruch ata Adonai, Eloheinu Melech ha-olam, hamotzi lechem min ha’aretz.

Blessed are You, God, Ruler of the universe, who has brought forth bread from the earth.